

ALYSSA NAJERA

CONSULTANT | PODCASTER | SMALL TOWN THERAPIST



2018 - present

Small Town Counseling, CEO

- group practice privately owned by Alyssa Najera and located in Oakdale, CA
- in-person and virtual therapy for children, adolescents, and professionals in high stress, helping professions
- speaking engagements delivered to local and international audiences



ALYSSA NAJERA
CONSULTING

2020 - present

Alyssa Najera Consulting

- Custom online training development for Child Welfare agencies
- Staff support services through 1:1 and group Reflective Supervision/Consultation (RSC)
- Clinical Supervision for Child Welfare
- Burnout prevention and recovery, Secondary Traumatic Stress, and resilience building



2020 - present

Therapists Uncut Podcast, Co-host

- "Making mental health relatable through casual conversation, guest interviews, and real talk with friends who happen to be therapists"
- 5-star rating on Apple Podcasts and 25,000+ plays

CONTACT



www.alyssanajera.com
www.smalltowncounselingca.com
www.therapistsuncut.com

2020 - present

Clinical Supervision

2017 - present

Off-site Field Instructor for BSW/MSW student interns

2016 - 2018

Private Office of Claudia Forster, LMFT

Registered Associate Clinical Social Worker providing psychotherapy to children (5+), adolescents, and adults

2016 - 2018

Center for Human Services, Modesto

Academic Success Program Mental Health Clinician providing short-term clinical counseling to children receiving special education services.

2011 - 2016

Tuolumne Co. Child Welfare Services

Social Services Supervisor, Social Worker IV, MSW Intern

EXPERIENCE

EDUCATION & TRAINING

2022 CSU Stanislaus Master of Social Work (MSW) Advisory Board

2020 Clinical Supervisor

2020 Compassion Fatigue Specialist

2019 EMDR Therapy Trained, Eye Movement Desensitization Reprocessing Therapy

2018 Board of Behavioral Sciences; Licensed Clinical Social Worker LCSW 86618

2012-2016 Certified Child Sexual Abuse Forensic Interviewer

CA STATE UNIVERSITY, STANISLAUS

Master of Social Worker (MSW)

B.S. Business Administration; Management and HR
B.A. Sociology; Criminology and Social Deviance