

# ALYSSA NAJERA

LICENSED CLINICAL SOCIAL WORKER,  
MENTAL HEALTH PROFESSIONAL,  
CONSULTANT, AND PODCASTER



## CURRENT PROJECTS



2018 - present

### Small Town Counseling, CEO

- group practice privately owned by Alyssa Najera and located in Oakdale, CA
- in-person and virtual therapy for children, adolescents, and professionals in high stress, helping professions
- training and webinars
- speaking events delivered to local and international audiences



ALYSSA NAJERA  
TRAINING & CONSULTING

2020 - present

### Alyssa Najera Training and Consulting

- clinically-informed custom training, consulting, and staff support services for professional organizations
- Reflective Consultation
- Burnout prevention and recovery, Secondary Traumatic Stress, and resilience building



2020 - present

### Therapists Uncut Podcast, Co-host

- "Making mental health relatable through casual conversation, guest interviews, and real talk with friends who happen to be therapists"
- 5-star rating on Apple Podcasts and 15,000+ plays

CONTACT



[www.alyssanajera.com](http://www.alyssanajera.com)  
[www.smalltowncounselingca.com](http://www.smalltowncounselingca.com)  
[www.therapistsuncut.com](http://www.therapistsuncut.com)

## EXPERIENCE

2017 - present

Off-site Field Instructor for BSW/MSW student interns

2016 - 2018

### Private Office of Claudia Forster, LMFT

*Registered Associate Clinical Social Worker providing psychotherapy to children (5+), adolescents, and adults*

2016 - 2018

### Center for Human Services, Modesto

*Academic Success Program Mental Health Clinician providing short-term clinical counseling to children receiving special education services.*

2011 - 2016

### Tuolumne Co. Child Welfare Services

*Social Services Supervisor, Social Worker IV, MSW Intern*

EDUCATION & TRAINING

2022 CSU Stanislaus Master of Social Work (MSW) Advisory Board

2020 Clinical Supervisor

2020 Compassion Fatigue Specialist

2019 EMDR Therapy Trained, Eye Movement Desensitization Reprocessing Therapy

2018 Board of Behavioral Sciences; Licensed Clinical Social Worker LCSW 86618

2012-2016 Certified Child Sexual Abuse Forensic Interviewer

### CA STATE UNIVERSITY, STANISLAUS

Master of Social Worker (MSW)

B.S. Business Administration; Management and HR  
B.A. Sociology; Criminology and Social Deviance